



1937 - 2002



**CLEVELAND COUREURS/VTTA (North Group)**  
**25 MILE TIME TRIAL (Incorporating the Teesside District Championships)**

**To be held on Sunday 06 August 2023, on the T252/3 Course under the Rules & Regulations of Cycling Time Trials**

**Organiser:** G. Russell, 2, Antrim Ave, Fairfield, Stockton-on-Tees, TS19 7JF  
Tel: 01642 654419 Email: gavin\_russell@hotmail.co.uk

**Timekeeper:** Don Urwin & Dave Oliver, Handicapper & Field Setting: Gavin Russell

**Headquarters:** Crathorne Reading Rooms, Crathorne Village North Yorkshire. TS15 0BB

**SIGNING ON SHEET, BODY NUMBERS & RESULT BOARD** will be at the HQ. Please return number after your ride, sign out and receive some drinks and food. No sign out - DNF

**PLEASE DO NOT PARK IN CRATHORNE VILLAGE DURING THE EVENT. THERE IS AMPLE PARKING ON GRASS VERGES ON ROAD LEADING TO THE ROUNTONS. WHEREVER POSSIBLE, PLEASE PARK TO THE WEST OF BRIDGE OVER A19.**

**Course: T252/3 :** Start at de-restriction sign at south end of Crathorne on old A19 (5 yds south of farm entrance) and proceed onto A19 southbound. Continue on A19 to bear left off A19 signed Knayton ¼ ml, Borrowby 1¼ ml, (12.16mls) Proceed up slip road to turn left over bridge crossing A19, to crossroads, where left to rejoin A19 northbound. Continue northwards to finish at end of footpath, just prior to bridge over A19 (Crathorne/Rounton Road) (25.00 mls)

**District Championship Awards: (Open to all Teesside District Riders)**

**Fastest:** Engraved Plaque

**Fastest on a Road Bike:** Engraved Plaque

**Fastest Teesside Lady:** Engraved Plaque

**Fastest Teesside Junior:** Engraved Plaque (Boys & Girl)

**Fastest VTTA Rider in Age Adjusted Time:** Engraved Plaque (Men & Women)

**Fastest in following Age Groups:** District Medal in Each Group (Men & Women)  
25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59 & 60-64,

**Team Award:** District Medal to each member of fastest team of 3.

**Les Harrison Memorial Award:** Fastest Teesside rider on Handicap, the Les Harrison Memorial Trophy (to be held for 1 year), together with a small replica to be retained.

**Additional Awards (Open to all Riders)**

**Fastest Rider on Handicap:** Engraved Plaque (Men & Women)

## CONDITIONS SPECIFIC TO THIS EVENT

- Plaques & Medals will be awarded to riders in this event, with any remaining moneys being used to support the awards and engraving for the Teesside Season Long Competitions.

## 2023 TEESSIDE GUIDELINES

- Numbers, to be collected from & returned to the Headquarters, where the signing on and out sheet and result board will be located. **Any additional hazards identified on the day will be advised on a notice adjacent to the signing on/in sheet.**
- No cars other than the event officials to be parked at the start or finish.
- No U turns in sight of the start.;00:
- Riders are not to warm up on any part of the course, whilst an event is being held
- No turbo trainers are to be used for warming up within 100 metres of inhabited properties.

### First Rider Off at 09.01AM

No	Competitors Name		Club/Organization/ Racing Team	Age	H'cap	Age Adjustment	VTTA Group	Actual
1	Mike	Cole	Huddersfield RC	78	17:00	13:02	Yorkshire	
2	David	Lane	Ravensthorpe CC	53	18:00	X		
3	Kath	Finn (W)	Kendal Cycle Club	59	20:00	10:57	NL & Lakes	
4	Michael	Cox	North Lancashire RC	77	28:00	X		
5	Peter	Greenwood	Clayton Velo	71	06:30	08:52	NL & Lakes	
6	Howard	Heighton (RB)	Ferryhill Whs	50	16:00	01:56	North	
7	Oliver	Clissold	Cleveland Wheelers CC	61	16:00	X		
8	Jymmy	Trevor (Trike)	City RC (Hull)	51	16:00	07:11	Yorkshire	
9	Phil	Wright	Hartlepool CC	68	17:00	07:28	North	
10	David	Leckenby	ADDFORM Vive Le Velo	59	06:00	04:14	Yorkshire	
11	Sarah	Foulds (W)	Velo Culture	42	14:00	06:36	North	
12	Sophie	Heighton (W)	Ferryhill Whs	16	15:00	X		
13	Richard	Belk	Kent Valley RC	72	15:00	09:23	NL & Lakes	
14	Peter	Macklam	Yorkshire Road Club	80	14:00	14:31	Yorkshire	
15	Ray	Hall	Adept Cycling	62	05:30	05:11	North	
16	Andrew	Spittlehouse	Calder Clarion	54	12:30	X		
17	Theresa	Taylor (W)	Springfield Financial RT	63	12:30	12:24	NL & Lakes	
18	Sandra	Burrows (W)	Vive Le Velo	57	13:00	10:18	Yorkshire	
19	Caroline	Ratcliff (W)	Ferryhill Whs	58	13:30	10:37	North	
20	Paul	Newman	Richmond CC	56	05:00	03:23	North	
21	Scott	Taylor	Springfield Financial RT	60	11:30	04:32	NL & Lakes	
22	Stephen	Wilkinson	VTTA NL & Lakes Group	60	12:00	04:32	NL & Lakes	
23	Karen	Taylor (W)	Springfield Financial RT	57	12:00	10:18	Yorkshire	
24	David	Ballantyne	EMC Cycling	61	12:00	X		
25	Russ	Richardson	Zurbaran Racing	66	05:00	06:38	North	
26	Sue	Cheetham (W)	North Lancashire RC	60	10:00	11:17	NL & Lakes	
27	Richard	Durham	Settle Wheelers	69	10:00	07:55	Yorkshire	
28	Keith	Sibbald	Zeus CRT	52	10:00	X		
29	Mark	Brownless	Darlington Cycling Club	51	10:30	02:10	North	
30	Abi	Smith (W)	Moonglu CC	21	04:00	X		
31	Paul	Brierley	Huddersfield RC	56	09:30	03:23	Yorkshire	
32	Martin	Rasmussen	Tyneside Vags CC	55	10:00	X		
33	Noel	Stoddart	Allen Valley Velo (RB)	45	09:30	X		
34	Mike	Westmorland	Border City Whs CC	78	10:00	13:02	NL & Lakes	
35	Steve	Gore-Browne	VC York	55	04:00	X		
36	Alan	Chalmers	Valley Striders CC	71	08:30	08:52	Yorkshire	
37	Paul	Sander	Stockton Wheelers CC	67	08:30	07:03	North	
38	steven	Fullerton	Darlington Cycling Club	55	08:30	X		
39	Timothy	Lane	University of Notts C C	19	09:00	X		
40	Steve	Burrows	Vive Le Velo	64	03:30	05:53	Yorkshire	
41	Josef	Murray (RB)	AIMS Cycling	27	09:00	X		
42	Will	Trevor	City RC (Hull)	19	09:00	X		
43	Andy	Wond	Sowerby Sunday Club	61	08:30	04:51	Yorkshire	
44	Paul	Tyler	Ferryhill Whs	65	08:30	06:15	North	
45	Harry	Walker	Revolver Racing	54	03:00	X		
46	Sam	Leng	AIMS Cycling	32	07:00	X		
47	Ian	Swinscoe	Moonglu CC	54	07:30	02:52	Yorkshire	
48	Michael	Sloanes	Velo Culture	37	08:00	X		
49	Alasdair	Bruce	Yorkshire Road Club	66	08:30	06:38	Yorkshire	
50	John	Alexander	Deeside Thistle CC	37	04:00	X		
51	Malcolm	Steer	Darlington Cycling Club	58	06:00	03:56	North	
52	James	Oldroyd	Calder Clarion	50	07:00	X		

No	Competitors Name		Club/Organization/	Age	H/c	Age Adjustment	VTTA Group	Actual
53	Lee	Morley	Hartlepool CC	52	08:00	02:23	North	
54	Shaun	Wakes	Ferryhill Whs	55	07:00	03:07	North	
55	Calum	Gibb	Deeside Thistle CC	27	02:00	X		
56	Andrew	Askwith	Vive Le Velo	58	06:00	03:56	Yorkshire	
57	David	Nichol	Ferryhill Whs	71	06:00	08:52	North	
58	Mike	Furby	Valley Striders CC	52	07:00	02:23	Yorkshire	
59	Neil	Cooper	Liverpool Century RC	56	07:00	X		
60	Marcel	Schubert	Darlington Cycling Club	42	Scratch	00:22	North	

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**PLEASE NOTE: VTTA GROUP INFORMATION AND AGE ADJUSTED TIMES WILL BE DISPLAYED ON THE RESULT BOARD. PLEASE CHECK YOU ARE INCLUDED.**

**IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS REQUIRE THAT ALL RIDERS MUST WEAR A HARD SHELL HELMET THAT MEETS SAFETY STANDARDS.**

**IT IS ALSO A REQUIREMENT THAT EACH COMPETITOR HAS A FRONT & REAR WORKING LIGHT. SOME SPARES ARE AVAILABLE AT THE START IN CASE ANYONE FORGETS TO BRING THEIR OWN. NO LIGHTS = NO START**

When fixing your number via the pins provided or by use of the intergral pockets in your skinsuit, please do not fold them as this causes damage to the numbers and shortens their life span. It also contravenes the ctt regulations to do so. In addition, as a contributing safety feature, the full number on show acts as an 8 inch fluorescent sign to other road users approaching from the rear that there is a rider ahead.



## **2023 Teesside District Road Bike Specification**

To compete in the 2023 road bike category in any of the Teesside District open event, and to comply with CTT Regulations, the following specification is appropriate to the conditions of inclusion:

### **The Rider:**

1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
2. Use of skinsuit is permitted
3. No riding with elbows or forearms on the handlebars (known as "puppy paws"). If witnessed, the competitor may be disqualified.

### **The Machine:**

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
2. No time trial style or triathlon forward extension bars with or without elbow pads will be used.
3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 90mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category.

The Organizer would very much like to thank those who have assisted in making this event possible and to those competitors who continue to support the time trials on Teesside.

**Have a good safe ride**

**Gavin Russell**

**Event Organizer**